

Bacon Lovers Welcome.



**Learn how to lose weight and
improve your health while eating
the foods you love.**

The Naturally Slim program has the secret to lasting weight loss and it doesn't include starving, counting calories or eating diet food. Healthy County is now offering you the chance to learn how to eat to reduce your chances of getting a serious disease, like diabetes or heart disease, and increase your chance at living a longer, healthier life – at no cost.

**Space is limited. Apply between
March 5, 2018 - March 16, 2018.**

www.naturallyslim.com/healthycounty

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The Naturally Slim program starts April 2, 2018. Employees enrolled in the county's medical plan are eligible to apply for Naturally Slim.

"Week 10 and I've lost 15 lbs and 14% of my body weight. It was so easy! And for once I haven't felt deprived." - Healthy County Participant