



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.bcbstx.com](http://www.bcbstx.com) or by calling 1-855-357-5228. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <https://www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/> or call 1-800-456-5974 to request a copy.

| Important Questions                                                       | Answers                                                                                                                                                                                                                                            | Why This Matters:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|---------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>What is the overall <u>deductible</u>?</b>                             | <u>In-Network</u> : \$1,000 Individual /<br>\$2,000 Family<br><u>Out-of-Network</u> : \$1,500 Individual /<br>\$3,000 Family                                                                                                                       | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .                                                                                                                                                |
| <b>Are there services covered before you meet your <u>deductible</u>?</b> | Yes. Services that charge a <u>copay</u> , <u>prescription</u> drugs, and <u>In-Network</u> <u>diagnostic tests</u> , <u>home</u> <u>health</u> , <u>skilled nursing</u> , and <u>hospice</u> are covered before you meet your <u>deductible</u> . | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .                             |
| <b>Are there other <u>deductibles</u> for specific services?</b>          | No.                                                                                                                                                                                                                                                | You don't have to meet deductibles for specific services.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>What is the <u>out-of-pocket limit</u> for this <u>plan</u>?</b>       | <u>In-Network</u> : \$3,500 Individual / \$7,000 Family<br><u>Out-of-Network</u> : \$9,000 Individual /<br>\$18,000 Family                                                                                                                         | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services.                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>What is not included in the <u>out-of-pocket limit</u>?</b>            | <u>Deductibles</u> , <u>premiums</u> , <u>preauthorization</u> penalties, <u>balance-billed</u> charges, and health care this <u>plan</u> doesn't cover.                                                                                           | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Will you pay less if you use a <u>network provider</u>?</b>            | Yes. See <a href="http://www.bcbstx.com">www.bcbstx.com</a> or call 1-855-357-5228 for a list of <u>In-Network</u> providers.                                                                                                                      | This plan uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your plan pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |

|                                                            |     |                                                                          |
|------------------------------------------------------------|-----|--------------------------------------------------------------------------|
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | No. | You can see the <u>specialist</u> you choose without a <u>referral</u> . |
|------------------------------------------------------------|-----|--------------------------------------------------------------------------|

 All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

| Common Medical Event                                   | Services You May Need                            | What You Will Pay                                             |                                                    | Limitations, Exceptions, & Other Important Information                                                                                                                                                                                                            |
|--------------------------------------------------------|--------------------------------------------------|---------------------------------------------------------------|----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                        |                                                  | Network Provider<br>(You will pay the least)                  | Out-of-Network Provider<br>(You will pay the most) |                                                                                                                                                                                                                                                                   |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | \$25 <u>copay</u> /visit;<br><u>deductible</u> does not apply | 30% <u>coinsurance</u>                             | Virtual visits available through MDLive \$0 <u>copay</u> . In-Network.                                                                                                                                                                                            |
|                                                        | <u>Specialist</u> visit                          | \$35 <u>copay</u> /visit;<br><u>deductible</u> does not apply | 30% <u>coinsurance</u>                             | None                                                                                                                                                                                                                                                              |
|                                                        | <u>Preventive care/screening/immunization</u>    | No Charge;<br><u>deductible</u> does not apply                | 30% <u>coinsurance</u>                             | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your <u>plan</u> will pay for.<br>No Charge for child immunizations <u>Out-of-Network</u> through the 6 <sup>th</sup> birthday. |
| If you have a test                                     | <u>Diagnostic test</u> (x-ray, blood work)       | No Charge;<br><u>deductible</u> does not apply                | 30% <u>coinsurance</u>                             | Office visit <u>copay</u> may apply.                                                                                                                                                                                                                              |
|                                                        | Imaging (CT/PET scans, MRIs)                     | 20% <u>coinsurance</u>                                        | 30% <u>coinsurance</u>                             | None                                                                                                                                                                                                                                                              |

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common Medical Event                                                                                                                                                                               | Services You May Need                          | What You Will Pay                                                                                                            |                                                        | Limitations, Exceptions, & Other Important Information                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                    |                                                | Network Provider<br>(You will pay the least)                                                                                 | Out-of-Network Provider<br>(You will pay the most)     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>If you need drugs to treat your illness or condition</b><br>More information about <b>prescription drug coverage</b> is available at <a href="http://www.mybenefits.org">www.mybenefits.org</a> | Tier 1                                         | Retail: \$10 <u>copay</u> / prescription<br>Mail: \$20 <u>copay</u> / prescription;<br><u>deductible</u> does not apply      | Total Cost of prescription                             | Retail: one <u>copay</u> per 30-day supply<br>Retail -90: two <u>copays</u> up to 90 day supply<br>Mail: two <u>copays</u> up to 90-day supply.<br>Members electing to purchase brand name drugs when a generic is available will be required to pay the difference between the cost of the Generic drug and Brand Name drug, plus the Brand Name <u>Copayment</u> .<br><u>Specialty drug</u> prescriptions must be filled through Lumicera Specialty Pharmacy. One <u>copay</u> per 30-day supply. |
|                                                                                                                                                                                                    | Tier 2                                         | Retail: 20% with \$25 min / \$100 max per 30-day prescription<br>Mail: 20% with \$50 min / \$200 max per 90-day prescription | Total Cost of prescription                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                                                                                                                                                                                                    | Tier 3                                         | Retail: 20% with \$40 min / \$100 max per 30-day prescription<br>Mail: 20% with \$80 min / \$200 max per 90-day prescription | Total Cost of prescription                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                                                                                                                                                                                                    | <u>Specialty drugs</u>                         | 20% with \$25 min / \$100 max per prescription 20% with \$40 min / \$100 max per prescription                                | Total Cost of prescription                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>If you have outpatient surgery</b>                                                                                                                                                              | Facility fee (e.g., ambulatory surgery center) | 20% <u>coinsurance</u>                                                                                                       | 30% <u>coinsurance</u>                                 | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|                                                                                                                                                                                                    | Physician/surgeon fees                         | 20% <u>coinsurance</u>                                                                                                       | 30% <u>coinsurance</u>                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>If you need immediate medical attention</b>                                                                                                                                                     | <u>Emergency room care</u>                     | 20% <u>coinsurance</u> after \$150 <u>copay</u> /visit                                                                       | 20% <u>coinsurance</u> after \$150 <u>copay</u> /visit | Copay waived if admitted.                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|                                                                                                                                                                                                    | <u>Emergency medical transportation</u>        | 20% <u>coinsurance</u>                                                                                                       | 20% <u>coinsurance</u>                                 | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common Medical Event                                                      | Services You May Need                     | What You Will Pay                                                                                                               |                                                                                             | Limitations, Exceptions, & Other Important Information                                                                                                                                                          |
|---------------------------------------------------------------------------|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                           |                                           | Network Provider<br>(You will pay the least)                                                                                    | Out-of-Network Provider<br>(You will pay the most)                                          |                                                                                                                                                                                                                 |
|                                                                           | <u>Urgent care</u>                        | \$50 <u>copay</u> /visit;<br><u>deductible</u> does not apply                                                                   | 30% <u>coinsurance</u>                                                                      | None                                                                                                                                                                                                            |
| If you have a hospital stay                                               | Facility fee (e.g., hospital room)        | 20% <u>coinsurance</u>                                                                                                          | 30% <u>coinsurance</u>                                                                      | All services must be preauthorized; \$250 penalty applies. <u>Out-of-Network</u> for failure to preauthorize.                                                                                                   |
|                                                                           | Physician/surgeon fees                    | 20% <u>coinsurance</u>                                                                                                          | 30% <u>coinsurance</u>                                                                      | None                                                                                                                                                                                                            |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services                       | \$25/\$35 <u>copay</u> / office visit; <u>deductible</u> does not apply<br>20% <u>coinsurance</u> for other outpatient services | 30% <u>coinsurance</u> office visit<br>30% <u>coinsurance</u> for other outpatient services | Certain services must be preauthorized; refer to benefit booklet for details.                                                                                                                                   |
|                                                                           | Inpatient services                        | 20% <u>coinsurance</u>                                                                                                          | 30% <u>coinsurance</u>                                                                      | All services must be preauthorized; \$250 penalty applies <u>Out-of-Network</u> for failure to preauthorize.                                                                                                    |
| If you are pregnant                                                       | Office visits                             | \$25/35 <u>copay</u> / initial visit; <u>deductible</u> does not apply                                                          | 30% <u>coinsurance</u>                                                                      | 20% <u>coinsurance</u> applies after initial visit In-Network.<br><u>Cost sharing</u> does not apply for preventive services.                                                                                   |
|                                                                           | Childbirth/delivery professional services | 20% <u>coinsurance</u>                                                                                                          | 30% <u>coinsurance</u>                                                                      | Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply.<br>Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). |
|                                                                           | Childbirth/delivery facility services     | 20% <u>coinsurance</u>                                                                                                          | 30% <u>coinsurance</u>                                                                      | All services must be preauthorized; \$250 penalty applies <u>Out-of-Network</u> for failure to preauthorize.                                                                                                    |

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common Medical Event                                           | Services You May Need            | What You Will Pay                                                |                                                    | Limitations, Exceptions, & Other Important Information                            |
|----------------------------------------------------------------|----------------------------------|------------------------------------------------------------------|----------------------------------------------------|-----------------------------------------------------------------------------------|
|                                                                |                                  | Network Provider<br>(You will pay the least)                     | Out-of-Network Provider<br>(You will pay the most) |                                                                                   |
| If you need help recovering or have other special health needs | <u>Home health care</u>          | No Charge; <u>deductible</u> does not apply                      | 30% <u>coinsurance</u>                             | Limited to 60 visits per <u>plan</u> year.<br>All services must be preauthorized. |
|                                                                | <u>Rehabilitation services</u>   | \$25/\$35 <u>copay</u> / visit; <u>deductible</u> does not apply | 30% <u>coinsurance</u>                             | None                                                                              |
|                                                                | <u>Habilitation services</u>     | \$25/\$35 <u>copay</u> / visit; <u>deductible</u> does not apply | 30% <u>coinsurance</u>                             | None                                                                              |
|                                                                | <u>Skilled nursing care</u>      | No Charge; <u>deductible</u> does not apply                      | 30% <u>coinsurance</u>                             | Limited to 25 days per plan year.<br>All services must be preauthorized.          |
|                                                                | <u>Durable medical equipment</u> | 20% <u>coinsurance</u>                                           | 30% <u>coinsurance</u>                             | None                                                                              |
|                                                                | <u>Hospice services</u>          | No Charge; <u>deductible</u> does not apply                      | 30% <u>coinsurance</u>                             | All services must be preauthorized.                                               |
| If your child needs dental or eye care                         | Children's eye exam              | No Charge; <u>deductible</u> does not apply                      | 30% <u>coinsurance</u>                             | None                                                                              |
|                                                                | Children's glasses               | Not Covered                                                      | Not Covered                                        |                                                                                   |
|                                                                | Children's dental check-up       | Not Covered                                                      | Not Covered                                        |                                                                                   |

## Excluded Services & Other Covered Services:

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- |                       |                         |                        |
|-----------------------|-------------------------|------------------------|
| • Acupuncture         | • Hearing Aids          | • Private-duty nursing |
| • Bariatric surgery   | • Infertility treatment | • Routine foot care    |
| • Cosmetic surgery    | • Long-term care        | • Weight loss programs |
| • Dental care (Adult) |                         |                        |

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- |                     |                                                         |                            |
|---------------------|---------------------------------------------------------|----------------------------|
| • Chiropractic care | • Non-emergency care when traveling<br>Outside the U.S. | • Routine eye care (Adult) |
|---------------------|---------------------------------------------------------|----------------------------|

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the plan at 1-855-357-5228, U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform), or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318- 2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Blue Cross Blue Shield of Texas at 1-855-357-5228 or visit [www.bcbstx.com](http://www.bcbstx.com), or contact the U.S. Department of Labor's Employee Benefits Security Administrations at 1-866-444-EBSA (3272) or visit [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Contact the Texas Department of Insurance at 1-800-252-3439 or visit [www.texashealthoptions.com](http://www.texashealthoptions.com).

### Does this plan provide Minimum Essential Coverage? Yes.

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

### Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the [Marketplace](#).

### Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-855-357-5228.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-357-5228.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-357-5228.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-855-357-5228.]

*To see examples of how the plan might cover costs for a sample medical situation, see the next section.*

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

|                                        |         |
|----------------------------------------|---------|
| ■ The plan's overall <u>deductible</u> | \$3,000 |
| ■ <u>Specialist</u> copayment          | \$50    |
| ■ Hospital (facility) coinsurance      | 20%     |
| ■ Other coinsurance                    | 20%     |

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

|                           |                 |
|---------------------------|-----------------|
| <b>Total Example Cost</b> | <b>\$12,800</b> |
|---------------------------|-----------------|

#### In this example, Peg would pay:

| Cost Sharing                      |                |
|-----------------------------------|----------------|
| Deductibles                       | \$3,000        |
| Copayments                        | \$70           |
| Coinsurance                       | \$1,700        |
| What isn't covered                |                |
| Limits or exclusions              | \$60           |
| <b>The total Peg would pay is</b> | <b>\$4,830</b> |

### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

|                                        |         |
|----------------------------------------|---------|
| ■ The plan's overall <u>deductible</u> | \$3,000 |
| ■ <u>Specialist</u> copayment          | \$50    |
| ■ Hospital (facility) coinsurance      | 20%     |
| ■ Other coinsurance                    | 20%     |

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$7,400</b> |
|---------------------------|----------------|

#### In this example, Joe would pay:

| Cost Sharing                      |                |
|-----------------------------------|----------------|
| Deductibles                       | \$2,000        |
| Copayments                        | \$1,100        |
| Coinsurance                       | \$0            |
| What isn't covered                |                |
| Limits or exclusions              | \$60           |
| <b>The total Joe would pay is</b> | <b>\$3,160</b> |

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

|                                        |         |
|----------------------------------------|---------|
| ■ The plan's overall <u>deductible</u> | \$3,000 |
| ■ <u>Specialist</u> copayment          | \$50    |
| ■ Hospital (facility) coinsurance      | 20%     |
| ■ Other coinsurance                    | 20%     |

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$1,900</b> |
|---------------------------|----------------|

#### In this example, Mia would pay:

| Cost Sharing                      |                |
|-----------------------------------|----------------|
| Deductibles                       | \$1,100        |
| Copayments                        | \$500          |
| Coinsurance                       | \$0            |
| What isn't covered                |                |
| Limits or exclusions              | \$0            |
| <b>The total Mia would pay is</b> | <b>\$1,600</b> |

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 1-855-357-5228.

\*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

**The plan would be responsible for the other costs of these EXAMPLE covered services.**

someone you are helping, have questions, you have the right to get help and information in your language at no cost. To speak to an interpreter call the customer service number on the back of your member card. If you are not a member, or don't have a card, call 855-710-6984.

|                       |                                                                                                                                                                                                                                                                                                                                                                                                  |
|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| تغيير عا<br>Arabic    | نا ناك لفيدل وَا بندا صخش هدعاستْ مُنْسَأ، لفيدلف قحلا في لوصلحا على ددعاسملا تامولعلماو تيوروروصلا كتغلب نم نود تَمِيا تكلفة. ئثخلال يِلأ مجرتم بيروف، لصتا على مَقر تمدخ علامعلا روكنملا على ربط مقاطب كفتيوضء. نبا ف مل نكت عضوا ؤ ، وا تنك لا اكلمت مقاطب، لصتاف على 855-710-6984.                                                                                                           |
| 繁體中文 Chinese          | 如果您，或您正在協助的對象，對此有疑問，您有權利免費以您的母語獲得幫助和訊息。洽詢一位翻譯員，請致電印在您的會員卡背面的客戶服務電話號碼。如果您不是會員，或沒有會員卡，請致電 855-710-6984。                                                                                                                                                                                                                                                                                            |
| Français French       | Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, composez le numéro du service client indiqué au verso de votre carte de membre. Si vous n’êtes pas membre ou si vous n’avez pas de carte, veuillez composer le 855-710-6984.                      |
| Deutsch German        | Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Kundenservicenummer auf der Rückseite Ihrer Mitgliedskarte an. Falls Sie kein Mitglied sind oder keine Mitgliedskarte besitzen, rufen Sie bitte 855-710-6984 an.                            |
| ગુજરાતી Gujarati      | જો તમને અથવા તમે મદદ કરે રહ્યા હોય એવી કોઈ બાબત સંભવિત છે તે વિષયમાં સાચું વર્ણન આપવા માટે, તમારો સહાયકના કાર્ડની પાછળ આપેલ ગ્રાહક સેવા નંબર પર કૉલ કરો. જો આપ સહાયક ના ધરાવતા હોવ, અથવા આપની પાસે કાર્ડ નથી તો 855-710-6984 નંબર પર કૉલ કરો.                                                                                                                                                    |
| हिंदी Hindi           | यदि आपके, या आप जिसका सहायता कर रहे हैं उसके, प्रश्न हों, तो आपको अपनी भाषा में मदद प्राप्त करने का अधिकार है। किसी अनुवादक से बात करने के लिए, अपने सदस्य कार्ड के पीछे दिए गए ग्राहक सेवा नंबर पर कॉल करें। यदि आप सदस्य नहीं हैं, या आपके पास कार्ड नहीं है, तो 855-710-6984 पर कॉल करें।                                                                                                     |
| 日本語 Japanese          | ご本人様、またはお客様の身の回りの方でも、ご質問がございましたら、ご希望の言語でサポートを受けたり、情報を入力したりすることができます。料金はかかりません。通訳とお話される場合、メンバーカードの裏のカスタマーサービス番号までお電話ください。メンバーでない場合またはカードをお持ちでない場合は 855-710-6984 までお電話ください。                                                                                                                                                                                                                        |
| 한국어 Korean            | 만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료로 그러한 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 회원 카드 뒷면에 있는고객 서비스 번호로 전화하십시오. 회원이 아니시거나 카드가 없으시면 855-710-6984 으로 전화주십시오.                                                                                                                                                                                                                                              |
| ລາວ Laotian           | ຖ້າ ທ່ານ ແມ່ນ ຄົນ ນັກບໍລິຫານ ຫຼື ຜູ້ທີ່ ການຂະໂຫຍດ ອອກຈາກພັນທະການສຸ່ວ ຈາກ ບໍລິເວນ ມີຄວາມຕ້ອງການ ດ້ານ ພາສາຂອງທ່ານໃດ ໃດອະປະນິທ າໃຊ້ ັງ ສາມາດ ຮັບ ປະໂຫຍດ ຕາມ ລະບົບ ພາສາ, ໃຫ້ ໂທຫາ ຟຣີ ງານ ຍ່າ ຢູ່ ີ້ ດ້ານ ທ່ານ ະ ງານ ຈະ ສາມາດ ຊຶກຂອງທ່ານ. ຖ້າ ທ່ານ ບໍ່ແມ່ນ ນັກບໍລິຫານ, ໃຫ້ ໂທຫາ ຟຣີ 855-710-6984.                                                                                                    |
| Diné Navajo           | Tʼłı́ni, 47 doodago [aːda b7k1 an1n7lwoˀ7g77, naˀ7d7[kidgo, ts̬ˀ7d1 bee n1 ah00tiˀiˀ tʼłı́n77kʼe n7k1 aˀdoowlwɔ]. Ataˀ halneˀ7 bichˀ8ˀ hadeesdzih n7n7zingo 47 kweˀ4 daˀ7n7ishgi lk1 an7daalwoˀ7g77 bichˀ8ˀ hod77linih, bee n44h0zinii bineˀd66ˀ bik1ʼ. Koj7 atah naaltsos n1 had7tˀ44g00 47 doodago bee n44h0zin7g77 1dingo koj8ˀ hod77linih 855-710-6984.                                      |
| فارسی Persian         | رگا امش، به شما که کسی یا او می کمک دینک، یالاوس متشاد دیشاب؛ قدنیا ار دیدار به که نابز دوخ، به روطن ایگبار کیمک و تااعلاطا تغایرد دیییمان. تهجد وتنگف یک با مجرتم هیاهفش؛ باتامذ یرتشه به هرامش یا که رد تشپ تراک تیوضع شما جرد هدش تسا سامت دبیریگیب. رگا وضه دیسینی، یا تراک تیوضع دیداردنه، با هرامش 855-710-6984 سامتلصاح دیییامن.                                                          |
| Русский Russian       | Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке. Чтобы поговорить с переводчиком, позвоните в отдел обслуживания клиентов по телефону, указанному на обратной стороне вашей карточки участника. Если вы не являетесь участником или у вас нет карточки, позвоните по телефону 855-710-6984. |
| Español Spanish       | Si usted o alguien a quien usted está ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete comuníquese con el número del Servicio al Cliente que figura en el reverso de su tarjeta de miembro. Si usted no es miembro o no posee una tarjeta, llame al 855-710-6984.                                              |
| Tagalog Tagalog       | Kung ikaw, o ang isang taong iyong tinutulungan ay may mga tanong, may karapatan kang makakuha ng tulung at impormasyon sa iyong wika nang walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa numero ng serbisyo para sa kustomer sa likod ng iyong kard ng miyembro. Kung ikaw ay hindi isang miyembro, o kaya ay walang kard, tumawag sa 855-710-6984.                       |
| وړدا Urdu             | رګ پاوک، کسی یا سے سیاءرف وک سج کی پآ دمہ ہے برک ریږ، ٹوک لاوس شپیروڈ ہے وہ۔ پآ وکی پن٘ا نابز نیم تخمدوم روا تامولعمل لصاد ے ترک کاقد ہے۔ مجرتھ سے تاب ے ترک کے ےیل، رمٹشد سورس ربمز رپ لاک ریبرکوچ پآ کے ڈراک کی تشپر چورد ے برگا پا ربمس نبڑریږ، یا پآ کے سا پر ڈراک نیږڈ ہے وہ، 855-710-6984 رپ لاک ریبرک                                                                                     |
| Tiếng Việt Vietnamese | Nếu quý vị hoặc người mà quý vị giúp đỡ có bất kỳ câu hỏi nào, quý vị có quyền được hỗ trợ và nhận thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với thông dịch viên, gọi số dịch vụ khách hàng nằm ở phía sau thẻ hội viên của quý vị. Nếu quý vị không phải là hội viên hoặc không có thẻ, gọi số 855-710-6984.                                                                     |

**Health care coverage is important for everyone.**

We provide free communication aids and services for anyone with a disability or who needs language assistance.  
We do not discriminate on the basis of race, color, national origin, sex, gender identity, age or disability.

To receive language or communication assistance free of charge, please call at 855-710-6984.

If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator  
300 E. Randolph St.  
35th Floor  
Chicago, Illinois 60601

Phone: 855-664-7270 (voicemail)  
TTY/TDD: 855-661-6965  
Fax: 855-661-6960  
Email: [CivilRightsCoordinator@hcsc.net](mailto:CivilRightsCoordinator@hcsc.net)

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services Phone: 800-368-1019  
200 Independence Avenue SW TTY/TDD: 800-537-7697  
Room 509F, HHH Building 1019 Complaint Portal: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>  
Washington, DC 20201 Complaint Forms: <http://www.hhs.gov/ocr/office/file/index.html>